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# The Contemplative Writer: Loving God Through Christian Spirituality, Meditation, Daily Prayer, And Writing



## Synopsis

Writing thrives when our minds are at rest, our attention focused, and our souls receive care. The *Contemplative Writer* helps Christians writers tap into their rich contemplative prayer tradition that includes meditation on scripture, spirituality practices, centering prayer, and fixed hour prayer (such as morning prayer and evening prayer). These practices offer a deeper connection with God's love and a peaceful foundation for their creative callings. Those who minister through writing will thrive with the guidance provided by Christian spirituality and reflective Bible reading. The *Contemplative Writer* offers 10 simple practices every writer of faith can learn for daily prayer that cover the basics of Christian spirituality, such as how to pray, how to pray more often, and how to find peace with God. Chapters include topics such as:- Praying the Hours- Centering Prayer- Imaginative Bible Study - Finding God in Silence- Self-Reflection with the Examen This book builds on Ed Czerwinski's previous books *Pray, Write, Grow: Cultivating Prayer and Writing Together* and *Write without Crushing Your Soul* by providing direction and application for contemplative prayer that any follower of Jesus can put into practice.

## Book Information

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Spirituality

## Customer Reviews

In this brief work Ed Cyzewski packs a lot of excellent ideas for contemplation, whether one writes for a living or not. I especially appreciated the connection made between spiritual applications and the psychological principles of habit formation. After all, whether writers, shop owners, managers, technicians, home makers, or teachers, we all do well to pause in some "habitual" manner to listen to God speak in His "still, small voice."

With characteristic clarity, grace and expertise, Ed Cyzewski provides a invaluable resource for writers. The spirituality of writing can all too often be overlooked, but it is from our heart that the truest craft emerges. This book goes a long way to make sure that the heart of the writer is right and true. A wonderful and accessible book for every writer.

This book came to me at a good time, as I've been grappling with integrating more of God into my writing and business. And by integrating, I don't mean so much writing spiritual things (though that can be the case as well), but really seeking God and relying on God in everything I do. At this point, I wouldn't consider myself to be a contemplative writer, and in fact struggle with sitting still and being quiet on the inside. But this book has me thinking about how to be more intentional about turning to God throughout my day and simply quieting my heart and mind so that I can better hear from him. I'm looking forward to seeing the impact that will have on my mind, body, spirit -- and writing.

Easy reading. Flows smoothly. Gives useful resource links, URL's, recommended titles of books regarding spiritual writing. Encouraging to beginning writer, and established pro. Best feature is the motivational aspect encouraging one to write. Added attraction is the clear examples given. Helped me get my blog back up and running. Knowledgeable author shares many resources.

Each day for the past month or so this ebook has been part of my early morning spiritual reading. I would read just a few paragraphs and then use the thoughts and images I'd gleaned to move into meditative prayer. What a nice help to the beginning of the day.

I recommend this book for you to grow in the spiritual life as well as very good advice on writing. In a direct and simple way the author covers the essential requirements of prayerful living with good writing skills. Read the book, reflect on it and come back again to increase the knowledge it imparts.

I found this book to be jam-packed with nuggets of gold. It has inspired me to try daily free write and examen questions as a way to grow closer to God and as a source of inspiration for my novice writing. Well worth every penny!!

Thanks to the author for writing on this important topic of contemplation. I am doing exactly what you are saying in this book, which is Pray, Contemplate on Scripture and Write. It is truly sanctifying. One thing I would think twice about is looking for spiritual guides. No man can lead us on our spiritual journey because it is God who goes before each of us. God calls each one individually at different turns of life, not to entrust us into the care of human guides but gives us the clear instruction "Follow Me". We who have heard His call must be assured of the leading by the Holy Spirit. It is to carry out the work that we are called to do, that we need community and not for our walk with God. Our walk with God is personal. This is why a contemplative writes, is it not? No other can walk with the writer. I hope this helps. Linda.

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